

Town of Milton

*115 Federal Street
Milton, DE 19968*



www.ci.milton.de.us

*Phone: 302-684-4110
Fax: 302-684-8999*

PRESS RELEASE – FOR IMMEDIATE RELEASE

Contact person: Mary Hudson
302-684-1392

The Town of Milton Health, Environmental Committee will meet on Tuesday, May 22, 2007, in the Milton Library, at 6:00 PM. The agenda will include the following:

- Development of a Healthy People, Places and Practices in Communities Project to get people involved in healthy habits that can reduce risks for chronic diseases, such as heart disease, diabetes and cancer. The project will be a walking program with trails throughout the town for a cleaner environment, enhanced community and reduced risk of crime.
- Lt. Governor's Challenge – Make the Move to Better Health by getting started toward a more active lifestyle. There's no need to invest in expensive equipment or join a gym. Participants keep track of their activities and based on how many points are earned over 3 months, they may be eligible for a gold, silver or bronze medal.
- Stormwater management – Many homeowners pay a premium to be located next to manmade ponds. These stormwater ponds may be the responsibility of the town, homeowner or homeowner's association. Information will be presented on best practices and plans for management of stormwater ponds.

We invite and encourage the citizens of Milton to attend this important meeting.
Thank you.

Mary L. P. Hudson
Town of Milton Councilman and Chairman of Health, Environmental Committee